

Dear Member,

It is the LBS Men's Football club (or the "Club") job to ensure the **safety** of all of its members while participating in the club's activity, particularly in light of the **COVID pandemic outbreak**.

This document summarises the **club policy**, which need to be observed by all members when participating to any sport events (trainings and official games). <u>This guidance is subject to changes, to</u> **reflect updated UK Government, the FA and infrastructure provider guidelines.**

As you have expressed your interest in participating in the LBS Men's Football club event, we would like to remind you of our policy to keep everyone safe whilst having fun.

LBS Men's Football club – COVID-19 Guidance

Before the event

- Make sure you have no symptoms relating to COVID, such as fever, cold, short of breath, loss of smell and taste
- Familiarise with the UK Government and FA guidelines
- Reach the training ground alone and without taking, if possible, public transport
 Should public transportation be needed, protective equipment shall be used (masks)
- Reach the training ground already changed and equipped with masks (even if no public transport is taken) and arrive 15 minutes prior to the start
 - Should you arrive late, a notice should be given to the club stuff otherwise we will not be able to guarantee participation in the training

Upon arrival at the venue

- Reach the assigned pitch, where no more than 30 people (or less) are allowed
- Wear a face cover, use the anti-bacterial gel provided and have your temperature checked
- Register with a Club official, providing name, last name, phone numbers, email and confirmation that you will behave in accordance with these guidelines
- Leave any equipment (such as bag) at least 2 meters apart from other club members equipment
- Keep social distancing until the beginning of the training

During the event

- Do not share drinks and equipment with anybody
- Keep social distancing when doing warm-ups, stretching and other similar activities
- Do not spit. Do not yell to a team member, opponent and/or referee
- Do not touch the ball with your hands. When the ball needs to be recovered outside the pitch, only feet should be used. Only goalkeeper can use their hands assuming protective gloves are being used
- Do not celebrate (only hand gesture, jumps allowed meaning no yelling, or group hugs)
- Keep social distancing during break, and sanitise your hands

After the game

• No handshake, hugs and no other form of contact with anyone.





- Social distancing to be continued even after the game, and where necessary a face cover shall be used
- Should you develop any symptoms, found to be tested positive to COVID-19, you shall inform the club and the Student Association immediately

<u>Equipment</u>

- Equipment required will be handled by club officials or identified club members (i.e. same member will handle the equipment for installation and removal) with protective equipment, if required
- Equipment, including bibs, will be used once a week (were possible) and cleaning will be performed (i.e. bibs washing machine at high temperature, nets wiped with anti-bacterial wipes etc etc...).
- Equipment used will pose no threat to members and will be limited to:
 - o Cones
 - Nets (as done in the past, and compatible with Regent's goals)
 - Footballs
 - o Bibs

By participating to any of the event you:

Confirm that

- you have no COVID symptoms, such as fever, cold, short of breath, loss of smell and taste [yes and no button]
- you have not been in close contact with people who are currently tested positive to SarS-Cov 2
- you are not subject to self-isolation on the date of the event
- you have not been in close contact with people who are currently expected to be in quarantine / self-isolation as per UK Government guidelines

You agree and consent to:

- have your temperature checked ahead of each session with a contactless thermometer
- be solely responsible for any injuries and COVID contagion to my person, and accept that LBS Men's Football club, LBS Student Association and the infrastructure provider will decline any responsibilities
- be responsible of any actions and behaviour not in compliance with the UK Government guidelines, FA Guidelines and the Club guidelines being aware that this could trigger legal action from any of the above institutions and other club members
- have your attendance record and personal details to be kept for at least 21 days, in line with UK Government "track and trace"

By confirming your participation, your agree to adhere to the:

- i) <u>UK Government guidelines for grassroot football, available on</u> <u>https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-</u> <u>phased-return-of-sport-and-recreation/guidance-for-the-public-on-the-phased-return-of-outdoor-sport-and-recreation</u>
- ii) <u>FA guidelines, available https://www.thefa.com/news/2020/jul/17/grassroots-guidance-for-competitive-football-restart-in-england-170720</u>
- iii) <u>Our guidelines</u>

